

2009/2010 Girls WATER POLO CODE OF CONDUCT

Parents/Athletes

Below is a listing of guidelines for the 2008/2009 water polo season. Please read this code of conduct carefully. If you have any questions regarding team policy please contact the head coach immediately.

TRANSPORTATION:

Athletes are required to travel to and from all away contests on the team bus. Only under special circumstances **and with prior approval** from the coach will exceptions be considered. Violation of this policy will result in suspension from all team activities, reduction in playing time and/or reduction in grade. Multiple violations may lead to dismissal from team. It is each individual athletes responsibility to ensure that he/she is at the bus at the proper time.

FINANCIAL RESPONSIBILITY:

Participation on water polo is a relatively inexpensive venture when compared to other extra curricular activities on campus. **NO** athlete will be kept from participating in water polo due to financial hardships. It is our goal to keep the cost of participation to a minimum. However, there are small fees associated with uniforms, equipment needs, tournament fees, additional coaches' stipends and miscellaneous expenses. There are two basic ways in which these financial goals are met. 1) Spirit Packs: These include all necessary uniforms for the season, as well as a small fundraiser to the teams trusts account. 2) Team fundraisers. This season the team will hold two major fundraisers, as well as smaller less intensive efforts to raise money. The responsibility for these funds is placed on the athlete. There will be a minimum target amount set for each athlete, but they are encouraged to extend themselves beyond these numbers. If for any reason it is not possible for an athlete to meet these financial obligations please contact Coach Lynch as soon as possible to make alternate arrangements.

ATTENDANCE:

Attendance at **ALL** practices and games is **MANDATORY**. Athletes are responsible for being prepared prior to practice times; this includes having all necessary equipment. Being late and or absent to any practice or game will be cause for: additional conditioning workouts, reduced playing time, demotion to lower level, and possible grade reduction. Repeated offenses will lead to suspension from team activities and possible dismissal from team. Medical absences must be accompanied by a doctor's note. No other excuses will be accepted. Although family emergencies and or other personal conflicts may be sympathized with, they are not accepted as excused.

ACADEMICS:

Water polo is an extra curricular activity; athletes must maintain academic standards in order to remain eligible to participate. The Team standards coincide with the

requirements and guidelines set by the Capistrano Unified School District as well as Aliso Niguel High School. We take pride in the fact that each year we have several athletes who qualify for the Scholar Athlete award. Overall our team GPA is routinely above average for sports on campus. These are things that we value as a coaching staff. We fully expect each of our athletes to maintain a GPA superior to that of the school standards. In order to balance school and Water Polo each student/athlete must take personal responsibility for budgeting their time properly.

PLAYING TIME:

Playing time is determined by several factors. The most important factor for deciding who plays at each level and how much each player plays is attendance and participation. Any athlete who fails to attend all practices one week prior to a game will see his/her playing time diminished. This may take form in a demotion to a lower level, removal from the starting lineup, or significantly reduced playing time. Attitude, work habits, effort and skill level will all be factored into playing time as well. The final decision will be up to the coaching staff.

OFF POOL BEHAVIOR:

While on the Aliso Niguel Water Polo Team all athletes will be held accountable for their actions on and off the pool deck. Disciplinary action taken by school officials may lead to suspension of team activities and, if deemed serious enough, removal from team. This includes: fighting, use of alcohol or drugs, truancy violations, and defiance to authority.

CLASS GRADES:

Grades will be based on several factors: Attendance, attitude, team spirit, skill development, and participation. Dropping the team after Nov. 11th will result in a failing grade. Any student dropped from the team for any reason will receive no grade above a "D". In order to achieve an optimal grade student/athletes must complete the season as well as excel in the above categories. The days of automatic "A's" in water polo are gone.

(Please sign and return the bottom portion)

I have read the above Code of Conduct and agree to abide by the listed guidelines.

Athletes Name _____ Date _____

Athlete's signature _____ Date _____

Parent(s) signature _____ Date _____